

Kids Community Basketball

Game Rules

The special rules for First Baptist Church Carrollton exist to provide the best sports experience for every child.

The rules for First Baptist Church Carrollton take precedence over all National Federation of High School Basketball rules. Where the rules unique to First Baptist Church Carrollton stop, the NFHS rules begin. Further explanation of NFHS rules can be found online at www.nfhs.org.

- Games will begin with a prayer at the center court.
- Home team wears Gold, visitor wears Purple.
- Length of game, ball size, and court size:
 - Pre-K and Kindergarten-
 - 5 minute quarters
 - Ball size- Rookie Basketball
 - No score will be displayed on the score clock
 - Cross court on half of a regular basketball court
 - 1st and 2nd Grade-
 - 6 minute quarters
 - Ball size- 28.5 (women's)
 - Cross court on half of a regular basketball court
 - 3rd and 4th Grade-
 - 6 minute quarters
 - Ball size- 28.5 (women's)
 - Full Court on regular basketball court
 - 5th and 6th Grade-
 - 7 minute quarters
 - Ball size- 28.5 (women's)
 - Full Court on regular basketball court

- Timing:
 - The clock will run continually.
 - Exception- 1st grade and above the clock will stop the last 30 seconds of the each quarter on every whistle.
 - No overtime.
- Each team has three, 30 second time outs per game.
- Substitutions:
 - Made between quarters only. Exception to this rule is injury, player request to stop playing due to fatigue, and sportsmanship infraction.
 - No child can sit out longer than one quarter.
 - One player should not play the entire game unless the roster size requires.
 - THE SUBSTITUTION PATTERN MUST BE FOLLOWED AND WRITTEN.
- We encourage Pre-K and Kindergarten league coaches to be on the court to help encourage and teach players.
- Teams will change goals at half-time except the Pre-K and Kindergarten league.
- No technical fouls will be given. However, a referee may ask a coach to sit a player out due to a sportsmanship infraction.
- Shooting fouls result in a free throw except the Pre-K and Kindergarten league.
 - 1st and 2nd Grade- Shot attempted from line on court.
 - 3rd and 4th Grade- Shot attempted from the tape line.
 - 5th and 6th Grade- Shot attempted from the regulation line.
- Defense must start guarding a player after the ball and player has crossed the green line. If the player begins a fast break then the defense is allowed to pick them up at that point and not wait until they cross the green line. Determining what is a fast break is left to the interpretation of the official.
- Only one player may apply pressure to the ball at the defensive green line. No double or triple teaming is allowed at the defensive pressure line.
- On Saturday- Home team sits on the South end of the gym and visitor team sits on the North end of the gym.
- All made field shots will be worth two points except in the 5th and 6th grade league, a made shot behind the three point line will count as three points.
- Pre-K and Kindergarten league- No stealing the basketball. If a player steals the ball the official will stop play and reward the ball back to the offensive team.
- Pre-K through 2nd grade league- There is no back court violation.